



Pureed Menu

Please Note: To assure consistency & patient safety, ALL items labeled with an " * " have been pureed, packaged, and frozen by a contracted facility. Products are heated prior to service.

For patients 9-36 months, please refer to Toddler Puree Menu

--- Breakfast ---

Cream of Wheat • Puree Waffle* • Greek Yogurt Purred Fruit Plate

--- Broth & Soup ---

Beef Broth • Chicken Broth • Puree Chicken Noodle
Puree Tomato Basil

--- Lunch & Dinner ---

Puree Roast Beef
Puree Fish
Puree Turkey with Gravy
Puree Chicken with Gravy

--- Sides ---

Puree Peas
Puree Broccoli
Puree Green Beans
Puree Carrots
Pureed Corn
Pureed Rice
Brown or Poultry Gravy

--- Fruits, Yogurt & Sweets ---

Pureed Mixed Berries
Pureed Peaches
Applesauce
Vanilla Pudding
Chocolate Pudding

--- Beverages ---

Skim Milk • 2% Milk • Whole Milk • 1% Chocolate Milk
Vanilla Soy Milk • Vanilla Almond Milk • Lactose Free Milk
Apple Juice • Cranberry Juice •
Orange Juice • Wawa Lemon Iced Tea • Wawa Lemonade
Gatorade: Orange or Lemon Lime • Ginger Ale or Diet
Ginger Ale • Cherry Seltzer
Bottled Water • Hot Chocolate • Crystal Light Lemonade
Crystal Light Fruit Punch • Crystal Light Iced Tea

--- Condiments ---

Margarine • Butter • Salt • Pepper • Herb Seasoning •
Sugar • Splenda • Ketchup • Mustard • Mayo •
Hummus

Updated 5/7/26



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